

Gold Filings



Amador Branch
American Association
of University Women



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Mission Statement

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

Diversity Statement

In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Fall Kick-Off: A Bumper Crop

JOIN the FUN

FARM TO FORK

Drytown Cellars

Featured Presenters:

- Beth Sogaard
BETH SOGAARD CATERING
- Tracey Berkner
UNION INN PUB & TASTE RESTAURANT
- Alice Kaiser
MOTHERLODE HARVEST
- Mary Pulskamp
ROSEBUD'S CAFE & MAJESTIC OAK GARDENS
- Vicki Bray
AMADOR COUNTY FARMERS' MARKETS

WEDNESDAY 5:30-7:30 PM **SEPTEMBER 24th** 2014

AAUW Amador Website: www.aauwamador.org



More than seventy members and prospective members attended AAUW Amador's Fall Kick-Off in September. The Farm-to-Fork Event was held at Drytown Cellars and featured speakers (*pictured above, l to r*) Alice Kaiser, Motherlode Harvest; Mary Pulskamp, Rosebud's Cafe and Majestic Oak Gardens; Tracey Berkner, Union Inn Pub and Taste Restaurant; Beth Sogaard, Beth Sogaard Catering; and Vicki Bray, Amador County Farmers' Markets. Standing (*l to r*) are new member Lynn Morgan and AAUW Amador President Michele Powell. Members were welcomed by (*at left, l to r*) Susan Staggs, Lynne Brumit and Sandy Baracco. Members enjoyed the discussion of the local farm-to-fork movement, while enjoying delicious food provided by our panel guests as well as our members.



It was a very special event made possible by the incredible teamwork of our members. See the president's message inside for details.

President's Message

by Michele Powell

Autumn has arrived and with it has come rain ... blessed rain. Rain to help the firefighters, to help the farmers, to benefit us all. And wasn't Mother Nature kind to AAUW Amador on Wednesday September 24, the day of our kick-off meeting when she held off the rain by one day.

We had a beautiful evening for our Farm to Fork kick-off event. The kick-off was very exciting...full of energy, conversation and wonderful food and wine. I really enjoyed learning about the Farm to Fork movement and how it is playing out in our community. Our speakers not only talked to us, but showed us with prepared food and farm products at their tables.

The kick-off was an awesome event. It could not have happened without the hard work, talent, energy and commitment of so many members. I want to thank especially the committee: Clair Wait, Co-Chair, Hospitality; Sandi Baracco, Program VP; Sandy Campbell, Co-Chair, Hospitality; and Susan Staggs, Membership VP. Thanks go to Myrna-Kay Robison for all her efforts at publicity and public relations to get this event in the county media outlets. Our board members and several other branch members provided the fresh and delicious appetizers and I thank them all. We thank Suzanne and Allen Kreutzer, once again, for hosting us at Drytown Cellars. Finally, "thank you" to all members who attended and made this a wonderful program.

The large turnout included 44 members and 21 guests. Five of our guests joined the branch at the event! The contact information for these new members is on page 7. This information will be in the 2014-2015 directory.

Our next program is November 13; it has two parts and is focused on STEM—science, technology, engineering and math. We'll learn about STEM opportunities, education and activities available in Amador County for our young people. We'll be looking at ways to encourage girls and young women to study STEM subjects. The other part of our program is focused on our Tech Trek girls. As they do each year, our Tech Trek scholarship winners will tell us about their experiences at Tech Trek camp this past summer on campus at Cal State Fresno. Please contact Sandi Baracco if you'd like to help with this program.

On September 25, we all received an email from national AAUW titled "Spotlight on STEM". Below is a quote from the email and a link to the STEM portion of www.aauw.org website.

"Tech Trek Ignites the Spark in California. Before Tech Trek went nationwide, it had a long history of success thanks to AAUW of California members and camp founder Marie Wolbach. Campers who attended Tech Trek in California from 2006

to 2009 were surveyed to find out how the camp is helping narrow the gender gap in STEM. Check out these evaluation results, which show that Tech Trek ignites the spark of learning that stays with girls their whole lives; then download the report to share it with your branch."

Looking for more? Follow @AAUWSTEM on Twitter for the latest STEM news, or visit <http://www.aauw.org/what-we-do/stem-education/tech-trek/#nearlyyou>

Nancy Street is forming a committee to plan a Women's History Month Program for March. You recall that for the past three years we've had a Jr. High essay contest; at the June planning meeting we agreed to explore other ideas. Nancy has several ideas and would love a few volunteers to work with her and join the committee. Please call her. We need everyone's help.

Have you surfed www.aauwamador.org lately? There is so much information on our website: by-laws, program schedule, online member directory, history of the branch, and more. Take a look at the site and if you have ideas for improvement or find errors, let me know.

We are off to a wonderful start thanks to all of you.

-Michele

November Newsletter Deadline

The deadline for submitting articles and information for the November newsletter is **October 27th**. Sooner is better; please submit material as soon as you can. Thank you.

Did You Know? Give a Grad a Gift

Any AAUW member can give an unlimited number of FREE one-year national and state AAUW memberships to any college graduate within two years of graduation. There is no cost to you or to the graduate.

Go to: <http://www.aauw.org/resource/give-a-grad-a-gift/> and fill out the quick application form. It's easy for you and smart for them.

Home Tour 2015

SAVE THIS DATE –
SATURDAY, APRIL 18, 2015

Board Briefs

From the Sept. 18, 2014 meeting:

- A thank-you letter from Sicily Singleton was shared.
- The treasurer gave her report.
- New event signs and canopies have been purchased.
- The 2015 Home Tour theme is “Vines, Views, and Villas”, located in the hills around Ridge Road, KC Ranchettes, and Pine Grove.
- The 2014-15 Program Calendar was reviewed.
- The September meeting, “Farm to Fork”, at Drytown Cellars was discussed and final plans organized.

- The directory will be available next month. The Board reinstated an “AAUW Friend” mentoring program to welcome new members. Isabel Singleton made welcome phone calls to new members; these calls will be continued quarterly.
- The purchase of an easel for presentations was approved.

October Board Meeting

The next Board Meeting will be held on October 17. We always meet at 1 p.m. at the home of Margie Guletz. All branch members are welcome.

Board meetings are held on the third Thursday of each month except June, July and December when board takes a vacation.

Libations & Conversations Set for Amador 360

A AUW’s Libations & Conversations group will meet Wednesday, October 8, 5:30-6:30 p.m., at Amador 360 (a wine-tasting room) located at 18590 State Hwy. 49 in Plymouth. The topic of conversation is “Sustaining Life-Long Learning in a Rural Environment.” Karen Dickerson, of Amador Community College Foundation, will be our guest and will speak briefly about educational opportunities locally. AAUW members, prospective members and interested women are invited to join us for lively conversation over no-host drinks. You will be warmly welcomed and it’s a great way to meet new friends in a fun, casual environment. No need to RSVP . . . just drop in!

AAUW, a national organization, advances equity for women and girls through advocacy, education, philanthropy and research. Membership is open to all graduates who hold an associate or higher degree from a regionally accredited college or university. For more information, contact Susan Staggs or visit www.aauwamador.org.

The L&C Committee: Lani Chapman, Bonnie Krupp, Suzanne Nicholson, Susan Staggs

Amador College Foundation Seeking Mentors

The Amador Community College Foundation currently has 38 active students. We need more mentors. If you are interested in helping students meet their educational goals, we welcome you to the Learning Center, 10877 Conductor Blvd, Sutter Creek (HHS building). Call Michael Krikorian at 223-6393, accf@amadorgov.org. Mentors work with their assigned student(s) as needed and meet once a month with other mentors.

Please note November 15 for our benefit gala: “A Night in Paris”. Tickets and details are at www.amadorcommunitycollege.org. We hope to see you there.

Gretchen Kingsbury

AAUW Amador representative
to the Amador Community College Foundation

Wanted: A Few Good Women

March is Women’s History Month and we would like to try a new program. If you are interested and willing to help with planning and organizing our March program, I am very interested in your great ideas and support. I hope to have a meeting in October to get things rolling. Please contact me ASAP.
streetjb@volcano.net

Thanks!

Nancy Street

Getting to Know You: Elizabeth Rhein and Lynn Morgan

Elizabeth Rhein

Everyone told Elizabeth Rhein that she was “so brave” to move to Amador County alone. But after spending a lot of time here last year, this past February she took a deep breath and made the move from San Jose. Wanting to meet as many people as possible in her “new life” and having enjoyed the Home Tour, she went to Libations & Conversation in May. “I saw immediately that this branch of AAUW included some of the brightest, most interesting women in the county, and I immediately decided to join,” she says. She also joined the Amador County Women’s Network, and volunteers at the Sutter Creek Visitors Center and at the Amador County Library. “I’m just getting started!” she laughs.



Elizabeth Rhein

Elizabeth’s work is eBay selling assistance and training (eBay ID: eliza11), as well as editing and copywriting for such clients as Stanford University. She has been executive director of the California Dictionary Project and a fundraiser and instructor for SeniorNet, among other work. “My interest in education at all levels made AAUW a natural choice for me,” she says.

Away from her Sutter Creek computer, Elizabeth en-

joys food and drink, photography, travel (she’s off to South America this month!), reading, entertaining friends and family, movies and theater, pub trivia, and much more. She was born and raised in the Detroit area and lived in Chicago before relocating to California in 1992. She graduated from the University of Michigan in Ann Arbor. She’s divorced and has no children.

About this being “so brave”: “I don’t know about that,” she says, “but life’s too short, and Amador County was too wonderful and welcoming not to take the chance. So far, so good!”

Lynn Morgan

by Kelly Trotter

New AAUW Amador member Lynn Morgan, like so many of us, came to Amador County to retire after a fulfilling career as an economist and marketing professional. She points out that her work was focused on strengthening California’s agricultural economy, using her undergraduate degree in Economics and her MS in Agricultural Economics, both from UC Davis.

She and her husband Pat fell in love with Amador’s “scenery, recreational beauty and good people who are here.” They look forward to more exploration of this area via hiking, snowshoeing and visiting with people, and Lynn adds, “I hope to visit and explore a few other areas of the world to gain knowledge and insight about people . . . we all want good things for our families, including safety, health and happiness.”

While the Morgans intended to simply enjoy their retirement, the rural surroundings and spend time with their four children and six grandchildren, Lynn’s former active life of voluntary service has carried over into her retirement. Notably, she is former Chair of the Upcountry Community Council, is a member of the Sutter Amador Hospital Community Advisory Board, and a Director of Farms of Amador. Many people were first introduced to Lynn when she spearheaded the successful effort to keep the Buckhorn Payless IGA store from being sold, thus preserving the only grocery store for residents far



Lynn Morgan

upcountry.

What will Lynn focus on as a member of AAUW? “I hope to be able to reach out to young women, especially those who are disadvantaged, to sup-

port and encourage them to pursue their life dreams. I would be honored to speak to young women about how to engage with the world and strive to take public office so they may share their voices and dreams...and, of course, achieve them.”

Although she’s a very hard worker, Lynn does make time for balance! Her greatest joys “are being with my grandchildren and watching them develop into the wonderful people they are becoming, even the overly confident two-year-old! I also enjoy hiking the mountains, keeping fit, a good glass of wine with a nice meal and MOSTLY meeting people who share their visions of a positive future with me. I intend to surround myself with such people as I pursue further dreams in my life.” Lynn is likely to find other AAUW members who share those visions and pursuits!



Free Community Class for People Living with Mental Illnesses

*** Family To Family ***

WHO: Family members, caretakers and friends of individuals with mental illnesses

WHAT: **FREE** six week class provides education about mental illnesses and their treatments, medications, emotional and practical support, as well as problem solving and communications skills

Focusing on: schizophrenia, bipolar disorder, PTSD, OCD, co-occurring addictive disorders, clinical depression and more

WHEN: Every Saturday - October 4th to November 8th 2014

TIME: 9:00 AM to 2:30 PM Breaks are included

WHERE: Sutter Amador Hospital MultiConference Room in Jackson

Each class builds on the prior week so attendance each week is required

***Taught by NAMI Amador family members with intensive training,
certified to teach this course***

For more information call NAMI Amador at 223-1485, X266 to sign up



WELLNESS • RECOVERY • RESILIENCE

***Are you caring for a loved one
with mental illness ????***

We are families helping families!

*****Sponsored by NAMI Amador and Amador County Behavior Health
with Mental Health Services Act (MHSA) Funding. *****

www.facebook.com/NAMIAmador

Special Interest Groups

Afternoon Book Group

Iris Aparicio, Chair
joeiris@volcano.net

Join us for a thoughtful and friendly book discussion the 2nd Monday of each month at 2 p.m. We meet at members' homes to discuss a book chosen from our yearly list compiled in September. Our list is a mix of fiction and nonfiction. New members are welcome.



We will meet at Nancy Schuster's home at 2 pm on October 13 to discuss *The Shoemaker's Wife* by Adriana Trigiani. Call or email Nancy if you wish to join us.

Art in Action

Charlene Unger, Chair
cux2@volcano.net

We are a group whose members enjoy drawing and painting at each others' homes or various outdoor locations such as PiPi Valley, Bear River and Tabeau Lake. We share information about art workshops and gallery exhibits. Art in Action group members are responsible for the Art Show at the Home Tour. Beginners are welcome. Lunch is always part of the day. Meetings are every 2nd & 4th Tuesday. Contact Charlene for information about the next meeting.



Book Lovers & Page Turners

Jackie Martinez, Chair
jackiemartinez@aol.com

We meet at 2 p.m. on the fourth Monday of each month (except December) at members' homes. We have great discussions about the books and how their themes and characters relate to our own lives and worlds. New members are welcome.



On October 27 we will discuss *The Story of a Beautiful Girl* by Rachel Simon at Michel Powell's home; if you'd like to join the group please contact her.

Cork & Fork

Bonnie Krupp, Chair
bonniekrupp@yahoo.com

This group meets every other month with significant others to enjoy wine tasting and appetizers. Member's homes are the usual meeting place, but we sometimes gather at a winery tasting room or other appropriate venue. Cork & Fork meets the 2nd Sunday except in May when we meet on the 3rd Sunday because of Mother's Day. We meet again on November 9th. Sue Harrington and Kelly Trottier are hostesses; contact one of them for more information.



Garden Groupies

Nancy Schuster, Chair
nancys@volcano.net

Garden Groupies love plants and the beauty they add to our lives! No digging, raking or pruning is required - just join us in visiting some very interesting places.



Our destination on Wednesday, October 15 is Pauline's Garden in Carmichael. The garden was featured last year in a Sacramento Bee article that referred to it as a "slice of paradise", an "oasis in the city." Not only does the garden display the changing colors of the seasons, but also has earned designation as a Backyard Wildlife Habitat certified by the National Wildlife Federation. We'll carpool from the parking lot next to the Sutter Creek Post Office at 10 a.m. Contact Nancy, the Groupie Announcer, if you'd like to join us this month.

Lunch Bunch

Kelli Garcia, Chair
kgarciaod@hotmail.com

Lunch Bunch meets the second Thursday of every month. We patronize new restaurants and local favorites. Each month a different hostess chooses the restaurant and makes the reservations. Attendees pay for their own meals. New Lunch Bunchers are always welcome. On Thursday October 9 at 11:45 a.m., Lunch Bunch meets at Blue Moon Cafe, 19985 Hwy 88 in Pine Grove. Please join us to chat with friends and enjoy some delicious food. We'll continue our tradition of greeting birthday girls of the month with just a little something extra. RSVP by Monday, Oct. 6: Elizabeth Rhein (this month's hostess), esrhein@yahoo.com, or Kelli Garcia.



(continued on next page)

Supper Club

Claire Wait, Chair
clairesc@sbcglobal.net



Supper Club meets quarterly for good food and great fellowship. The menus are decided by the hostesses and usually feature a theme. Supper Club will travel to Italy in November. Bonnie and Lani are co-hostesses and will be determining the menu for an Italian meal at the Chapman's home on November 2. Each couple will contribute something to the meal as we meet and enjoy good friends and good food.

Please contact Claire Wait, *clairesc@sbcglobal.net*, to join the fun.

Walking & Strolling Group

Sheila Berg, Chair
sberg@volcano.net



The group determines which walks will be taken at a planning meeting early in the year. The group takes one walk each month. Some popular walks of the past have taken us to PiPi, Lake Tabeau, French Bar and Electra Road. We usually bring a lunch to share along the way or at the end of the walk. If there is rain, the walk is cancelled. Call or email to attend or to get more information.

Branch Member Notes

Sunshine Update for October

I would be honored to send a card on behalf of our branch to any member you feel needs sunshine for illness or loss; congratulations for significant family happenings or noteworthy community contributions; or just "thinking of you." As I am a technological illiterate, you will have to call me.

Since our last issue of Gold Filings Lynne has sent sunshine cards to the following branch members and former members.

Gretchen Carlson
JoAnn Chevrette
Margie Guletz

Judy Lerner-Liston
Robin Spronk

Lynne Brumit

Birthdays

Best wishes to our members with October birthdays.

Marjorie Craig
Kate Kramer
Peggy Jolley

Patricia McHugh
Lynn Morgan
Nancy Rohdekohr

Welcome New Members

Dr. Laurie Brunson D.M. (Reed)

Email: *stellmakerv@aol.com*
University of Phoenix:
BS Business Management;
MS Business Management; Ph.D.
Organizational Leadership

Mara French

Email: *marafrench@mindspring.com*
CSU San José: BS Recreation
DeAnza Community Coll.: AA
Computer Information Systems
Birthday: 05-15

Cynthia Greer

Email: *ck_greer@yahoo.com*
U Notre Dame de Namur:
BA Behavioral Science
Birthday: 06-11

Linda Rianda

Email: *lindarianda@sbcglobal.net*
Fresno State University:
BA English; Secondary Teaching
Credential

Samme McMahan (Ron)

Email: *sammemcmahan@yahoo.com*
CSU Chico: BA Liberal Studies;
Teaching Credential
Birthday: 07-01

Pamela Bennetts

Ione, CA 95640
Email: *pamela.bennetts@yahoo.com*
UC Santa Barbara: BA English
Birthday 10-16

Rita Bohl (Mike)

Email: *rita@softcom.net*
CSU San Diego; BA Education;
MA Best Practices
Birthday: 09-18