

March 2024

AAUW Mission: Advancing gender equity through research, education, and advocacy Vision: Equality for all.

Values: Nonpartisan. Fact-based. Integrity. Inclusion and Intersectionality

<u>Message from the Leadership Chair</u>



Greetings, everyone!

I'm writing this on Wednesday and it truly is a beautiful day. The harbingers of spring are blooming and it's hard to believe it's going to snow in a few days. If it snows where you live and you finally have some spare time, take a few moments to think about what you'd like to see our branch accomplish in the next few years. Your Leadership Committee will be crafting a new

strategic plan for 2024 – 2026. You're invited to participate in the planning for our healthy future. What ideas do you have for our future goals? Please join us to make a difference in how our branch moves forward. Your ideas are important! More details to come.

The Nominating Committee will also be active in the next few months looking for members who want to participate on the Leadership Committee and as leaders of various committees. It's a great way to meet other members and to make a difference in our branch. I hope you'll consider this a rewarding opportunity to make a difference. I've received several requests from schools and members to resurrect Science Saturday. It's one of the terrific programs we've offered in the past. Is anyone interested in leading this rewarding program for the kids in our community? If you or anyone you know is interested, please let me know at <u>terrie.houseman@gmail.com</u>.

Last, but not least, have a little fun by participating in our "Intentional Typo" contest. Kathy Guletz, Betty Olson-Jones, Janet Kendig and Terri Works have contributed their eagle-eyed proofreading skills to win a \$10 Choc-O-Latte gift card. Congratulations! Here's how it works: The first person who finds and reports the **ONE** "intentional typo" in this issue, will receive a \$10 Choc-O-Latte gift card. Just email what you find to me and the first correct answer gets the gift card. There's one winner per issue and it has to be the "intentional typo." Hopefully, we don't have other "unintentional typos" because those don't qualify. So sorry! We proofread the daylights out of these issues, but unintentional typos do happen. We hope you enjoy this ridiculous contest and have some fun. Good luck!

The daffodils are blooming, so pick a few to enjoy while we're stuck inside by the snow. Stay safe and warm!

Cheers, Terrie Houseman Leadership Chair

March Programs

<u>Women's Adventure Film</u> Series -- March 8 at 7:15pm Jackson Cinema

Join us on <u>March 8</u> to view this year's *Women's Adventure Film Tour*, a collection of short films celebrating inspiring women who are doing extraordinary things in the name of adventure. Every year, a selection of unique films is chosen to show women achieving their personal adventurous goals. Being adventurous doesn't always have to mean being the fastest, going the highest, or doing the most extreme things. Adventure for most of us is stepping outside our comfort zone and climbing our own personal Everest.

The films showcase real stories about women from a variety of cultures and sports around the world. <u>Wear purple</u> to show your support of IWD (International Women's Day) and bring your family, friends and neighbors to see these uplifting films being shown on March 8, 13 or 20 at 7:15pm at <u>Jackson Cinemas</u>. But we hope you will choose to join us on March 8! It would be great to show support for the filmmakers, but also for the theater itself, which presents special features throughout the year.

Field Trip--Let's Go! March 23 at 11am

Join us for a fun and informational field trip to the <u>Sojourner</u> <u>Truth</u> <u>Museum and</u>



<u>Marketplace</u> in Sacramento. The museum is the vision of Shonna McDonalds, a visual artist and community activist. Though small, the museum is filled with artifacts, photos, descriptions and more which as the mission states, "explore and celebrate African American history, experiences and culture."

A highlight of the museum is viewing one of the world's only mural walls (over 10,000 sq. feet) dedicated to telling the story of African American history through art. There are many permanent displays and current exhibitions including "Black Cowboys," "Escaped Slavery and Became Millionaires," The Great Migration," and much more. For additional information check out the website www.sojoartsmuseum.org.

A self-guided tour of the musum should take about an hour. Then we can explore and have lunch at the marketplace if you like.

The museum is open from noon to 5pm on March 23 and travel time from Amador County is about an hour (check your navigation system for time from your house). We will carpool, meeting at 11am at the Park & Ride parking lot located at the west end of Main St., Ione. There should be plenty of parking at the museum, but carpooling will be more fun than driving alone.

The museum is located at 2251 Florin Road, #126, Sacramento inside the Florin Business Arts Complex. Admission is \$4.00 for adults and \$3.00 for Seniors/Veterans. You don't need a reservation but please RSVP to <u>bonniekrupp@yahoo.com</u> or 209-781-6940 so we have an idea of how many to expect. If anyone needs to connect with others before meeting in lone, please let Bonnie know that as well. We can arrange an additional meeting place.

Hope you will join us on March 23rd. Guests welcome, so if you know of someone who would like to visit the museum, bring them along. And our Shape the Future membership discount applies for this event.

Bonnie Krupp, DEI Coordinator and Stephanie Young, Program Committee Chair



Portrait of Sojourner Truth Sojourner Truth was an American abolitionist and activist for African-American civil rights, women's rights, and alcohol temperance. Truth was born into slavery in Swartekill, New York, but escaped with her infant daughter to freedom in 1826.



<u>Henry "Box" Brown</u>, a slave who escaped by having himself shipped in a wooden crate to abolitionists in Pennsylvania.

*<u>March Calendar</u>

March 1 through March 31 Women's History Month

Friday, March 8 International Women's Day--See Article Below

Friday, March 8, 7:15pm *Women's Adventure Film Tour 2024.* Let's meet at the Jackson Cinema to enjoy a great evening of films made by and about women (see the article above for more details). Find the flyer <u>HERE</u> on Nextdoor.

Monday, March 11, 2:00pm Afternoon Book Group

We will be meeting at Kathy Guletz' house to discuss The Dutch House by Ann Patchett. Contact Debra Brown if you would like to join our group debrown6@gmail.com

Tuesday, March 12, 5:30pm The Working Girls Book Group

We are meeting at Rosa's Mexican Restaurant in Sutter Creek and will be discussing Kristin Hannah's brand new novel, The Women.

Contact Jacque Fletcher fletcherja4545@gmail.com if you would like to join or have any questions.

Saturday, March 16, 9:00am-12:30pm Gov Trek Finale--Team Presentations on Zoom

All members are invited to view the final project presentations. The link will be sent a few days before the event.

Wednesday, March 20 5:30 pm Libations and Conversations

Our speaker is Fara Roberts of Nexus Youth and Family Services, Amador and Calaveras CASA Program. Fara will be speaking about CASA, Court Appointed Special Advocate

Program. CASA provides advocacy for a child who is under the jurisdiction of the Court due to abuse or neglect. The location is TBA--we will publish it in the mid-March GF. Members, guests and the public are welcome to attend this no fee presentation. No need to RSVP, just come and join the discussion.

Monday, March 25, noon

Great Decisions Discussion Group Topic: Climate Technology & Competition. JVOA Clubhouse Contact Stephanie Young stephanieyoung856@gmail.com if you would like to join or have any questions

Monday, March 25, 2:00pm Page Turners & Book Lovers

We will meet at Bonnie Krupp's house to discuss How the Word Is Passed, a Reckoning with the History of Slavery by Clint Smith. Contact Sandee Bowman if you are interested in joining the group. Sbowman56@gmail.com

Monday, March 25, 7:00pm Lobby Training Days If you have not done so, please register for the training session HERE

Save the Date:

Lobby Days Tuesday, April 2, Noon - 4:00 PM Group Branch Event via Zoom Jackson View Clubhouse

Save the Date: 2024 AAUW California Annual Event

(aka AAUW CA State Convention) Saturday, April 27, 2024 9:00 AM - 12:00 pm PST via Zoom

DEI--Diversity, Equity and Inclusion

To widen my perspectives, I thought it would be interesting to explore some major holidays and celebrations around the world. If you have a holiday or celebration that you would like to share, please let me know and I will highlight it. This year, the holy month of Ramadan begins at the first sighting of the crescent Moon on the evening of Sunday, March 10, 2024.

Bonnie Krupp, DEI Coordinator

The Meaning and Traditions of Ramadan

By: Catherine Boeckmann in The Almanac, January 12, 2024

What Is Ramadan?

Ramadan is the ninth month of the Islamic calendar. It is considered a holy month that honors the time when Allah, via the angel Gabriel, revealed the first verses of the Qur'an, the holy book of Islam, to a caravan trader named Muhammad.

When Is Ramadan?

This year, Ramadan is expected to begin at sundown on Sunday, March 10, and end at sundown on Tuesday, April 9. The final evening of Ramadan consists of a celebration called *Eid al-Fitr*, when the traditional month-long fast is ended with a feast.

The exact beginning and ending times of the month of Ramadan are based on the sighting of the first crescent Moon on the last night of the eighth month (*Sha'ban*). Specifically, Ramadan is said to begin at the first observance of the crescent Moon over Mecca in Saudi Arabia (or on a date pre-determined by astronomical calculation). Because of this, the start and end dates are not set in stone and may vary slightly.

Traditions of Ramadan

Beginning at puberty, all Muslims (with certain exceptions, such as if one is ill, traveling, pregnant, elderly, etc.) take part in the month-long, dawn-to-sunset fast that is the hallmark of Ramadan. Muslims believe that fasting cleanses the body, and the practice reminds them of the suffering of the poor.

Eating and drinking (including water) is prohibited from dawn to sunset, and the day's abstinence is offset by a pre-dawn meal called *sehri* and a nightly meal known as *iftar*. For *iftar*, many traditionally break the fast by first eating dates, as the Prophet Muhammad is believed to have done to break his fast. Foods traditionally served at *iftar* vary, but food is often shared with a poor family during Ramadan.

At the end of the 29- or 30-day fast (depending on the length of the lunar cycle) is *Eid al-Fitr* (Festival of Breaking the Fast), when there is much feasting and celebration! To all those who observe Ramadan, we say Ramadan mubarak ("blessed Ramadan")!

Bonnie Krupp, DEI Coordinator

<u>Women's History Month</u> International Women's Day is March 8

International Women's Day, (IWD) a global celebration of the economic, political and social achievements of women, took place for the first time on March 8, 1911. Many countries around the world celebrate with demonstrations, educational initiatives and customs such as presenting women with gifts and flowers.

The United Nations (UN) has sponsored International Women's Day since 1975. When adopting its resolution on the observance of IWD, the UN General Assembly cited the following reasons: "To recognize the fact that securing peace and social progress and the full enjoyment of human rights and fundamental freedoms require the active participation, equality and development of women; and to acknowledge the contribution of women to the strengthening of international peace and security."

The 2024 IWD campaign theme is *Inspire Inclusion* with purple as the official color. On an individual basis, it's important to understand, value and seek out the inclusion of women and girls. Additionally, sharing this knowledge, support and encouragement with others is key. On an organizational basis, there are many ways to **#InspireInclusion** of women and girls through action in areas such as:

- forging women's economic empowerment
- recruiting, retaining and developing female talent
- supporting females in leadership, decision-making, business and STEM
- designing and building infrastructure meeting the needs of women and girls
- helping women and girls make informed decisions about their health
- involving women and girls in sustainable agriculture and food security
- providing women and girls with access to quality education and training
- elevating women and girl's participation and achievement in sport
- promoting creative and artistic talent of women and girls
- addressing all areas supporting the advancement of women and girls

Learn more about IWD and how you can celebrate on March 8: <u>International</u> <u>Women's Day</u>, <u>Women's History Month</u> and <u>IWD Striving For Peace online event</u>

Julie Taylor

Membership



3/02 -- Rebecca Wilson 3/07 -- Kathy Allen 3/12 Kathleen Gallagher Jones 3/13 -- Mona Evans Brown 3/14 -- Mara Feeney 3/17 -- Marge Chisolm 3/22 -- Deborah Yates 3/24 -- Samantha Fischer 3/31 -- Terri Works

For all new members who joined throughout the last half of 2023 and into 2024: We want to highlight you so we can get to know you better. Expect an email asking for details.

Walking Group: Marching Into Spring

Sat 3/2 -- Cancelled due to weather Sat 3/9 -- 9:00 a.m. John Silva is leading a walk at Lake Tabeaud. Link to join is: <u>https://www.amadortrailstewardship.org/upcoming-events</u> Tues 3/12 -- 9:00 a.m. Gretchen Carlson's place in Jackson -- Meet at 410 Sargent St. Sat 3/16 -- 9:00 a.m. Amador City -- Gravel Lot across from "Break Even" Tue 3/19 -- 9:00 a.m. Electra Road -- parking is limited so let's try to carpool and I will send directions as we get closer Mon 3/25 -- 9:00 a.m. Sutter Creek to Amador City -- I will send directions for parking.

All walks are from 3-5 miles long and the level of difficulty, depending on walking speed, is moderate. We live in Amador County so none of the walks are flat--there will be some uphill and downhill trails.

Any questions? Please call or text (415) 420-5098 or email sbowman56@gmail.com





February walk in Amador City. L to R: Gretchen Carlson, Heidi Christensen, Greta McElroy, Luna, Sandee Bowman, Isabel Singleton. Photo courtesy of Tim Cadd.

From California AAUW

AN IMPORTANT MESSAGE FROM THE CA BOARD OF DIRECTORS

AAUW California Family,

This April, we will have the opportunity to practice the inclusion that we value by voting to welcome any person who is passionate about equity for women into AAUW, whether they have a degree or not.

AAUW National is proposing a bylaws amendment to eliminate the degree requirement for membership. On January 20th, the AAUW California Board of Directors unanimously approved a statement of support for the bylaws change. We'd like to share our reasoning with you.

Our organization was founded in 1881 to advance opportunities for women and to work toward equal treatment with men. While the early members focused on increasing the number of women going to college, they also worked to make employment of women and children safer and began the fight for pay equity. As AAUW evolved to meet women's needs, the organization and its impact grew. Our focus expanded to include advocating for the needs of people of color and individuals/communities in poverty. The efforts of AAUW earned us permanent United Nations (U.N.) observer status which in turn led to AAUW members expanding the fight for civil rights and an overall deeper understanding and appreciation of those who are marginalized.

Throughout the past 143 years, AAUW members never stopped advocating for education while expanding our focus to ensuring policies around maternity leave, reproduction rights, equal pay, and policies against sexual harassment and violence against women. Welcoming those without a degree will not change who we are and what we are working towards—it will enhance our efforts by including anyone who is as passionate as we are about equity for women and girls.

AAUW and its eligibility requirements have changed substantially over the years and yet, we still work together and strive to make women's lives better and we will continue to do so for years to come. Treating each other fairly and supporting one another with compassion is the foundation of AAUW and serves as the catalyst for current and future efforts. As we enter a time of uncertainty in our nation, we need to band together and continue to advocate for a better future.

We encourage you to practice the inclusion our founding members worked for and vote "Yes." Watch for your ballot in April.

Together in equity:

AAUW California State Board Sandi Gabe, President

From AAUW National

National Vote Coming in April

The conversation is afoot about whether to open membership to everyone, regardless of their degree status. Many members question our requirement of an AA degree to join AAUW, while others prefer to maintain the status quo. We have met people who are supportive of our mission---- *"To advance gender equity for women and girls through research, education and advocacy"* and yet they lack the qualifications to be members. AAUW National is proposing bylaw changes and one of the changes is to open up membership.

There were two major changes proposed and adopted in our recent history: letting men join and then substituting the AA requirement instead of the full degree. Arguments were that if men joined they would take over the organization—well that certainly didn't happen! And then the discussion centered around the issue of full degree and that by keeping it we set higher standards which encouraged women to pursue their education. This organization is losing members and needs to find ways to increase its membership. Now is the time to start this discussion as voting opens April 3 and the online voting ends May 15.

Arts & Education Welcome to Women's History Month

Dolly Parton on How She Succeeds in Business

Edited and condensed from a Work Shift interview and article.

Dolly Parton is a live performer, recording artist, songwriter, novelist, philanthropist, Netflix producer, theme-park operator and hotelier, just to name a handful of her business ventures. She sells everything from dog accessories to fragrances and even muffin mixes. How does she keep up the momentum? Parton works for her success, way past 9 to 5. And at 78 years old, she shows no signs of letting up.

Dolly Parton is not just a person-she's an empire. How do you run all of it? What decisions do you make and what do you delegate to others? "I have a huge empire, because I not only have the stuff that I do with my music, I also have Dollywood, the theme park, I have hotels, and I have dinner theaters and all sorts of things that I'm involved in. So I have thousands of employees.

I am smart enough to know that I don't know all the things I need to know about any of that, other than my music. I'm more of the creative force and the one that has an overall sense of things. I try to find the best people and I try to trust them to do what they say they can do. Then I have people looking out after all of them. I have a pretty good gut. I depend on my own higher wisdom of knowing if I'm in the right place with the right people."

I was proud of the movie "9 to 5" because I really do think that opened a lot of doors and brought a lot of attention to women that are so qualified and for so long had not really gotten all the chances that they deserved. I think a lot of that has changed. A lot of people don't believe that some women can be feminine and sexy and smart at the same time. You just prove yourself by doing what you do best. That's how I carried my own business all the way through the years since I was a very young girl in Nashville. I always believed that I had something to offer that could make us all a bunch of money. Looking like a woman and thinking like a man, so to speak.

At my age, I look at these new initiatives like it's a new adventure. People will always know I'm a singer, writer, producer. They already know that. I've proven that. I've worked my life away for that. Now these are fun things for me to do. These are things we call "mailbox money" [or passive income]. You can draw your royalties or not, but I

enjoy having these meetings with all these big people that have done so many great things. I don't really think that I'm going to be fading away anytime soon. so whatever I want to try to do, I'm just going to do whatever feels right to me.

Stanford Coach Is College Basketball's All-Time Wins Leader

Tara VanDerveer stood center stage at halfcourt wearing a jacket with 1,203 tally marks. Golden strips of confetti rained down through the air. Like fireflies, 1,203 red lights beamed around Maples Pavilion. Though VanDerveer is averse to the limelight, she beamed with pride, having passed Mike Krzyzewski for the most NCAA wins ever for a basketball coach.

Yet as VanDerveer will remind anyone, it has never been just her. "Basketball was invented as, always has been and always will beda team sport," VanDerveer said.. "It is never about one person. This is not about me."

When the 70-year-old was growing up in upstate New York, there were no girls' teams to play on. Five decades later, the pioneer has won more college basketball games than any man or woman, eclipsing Krzyzewski and helping revolutionize women's basketball.

Early in her coaching career, VanDerveer built a powerhouse at Ohio State, then left for an irrelevant program at Stanford in 1985 that had gone 2-12 in conference play the year before. In Palo Alto, she became a five-time National Coach of the Year and earned her place in the Naismith Hall of Fame. She coached the U.S. women's national team in the Atlanta Olympics. She won there, too, taking gold in 1996.

The hundreds of women VanDerveer has coached have gone on to become doctors, NCAA coaches, WNBA legends, broadcasters, and business executives. Many former players call VanDerveer the most influential figure in their lives besides their parents.

On the court, VanDerveer has constantly innovated through just about every offensive and defensive scheme invented. Coaching is so fun for VanDerveer, she has never considered it a "j-o-b job." She embraces the challenges of team-building and problem-solving.

Excerpted from an article by Danny Emerson, Bay Area News Group



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